

# Mentoring Training

**Alfredo Zimperz**

Has successfully completed the Mentoring Training Program with  
15 hours of specialization in:

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|--|---|
| <input type="checkbox"/> Intro to Mentoring      | <input type="checkbox"/> Active Listening                 |
| <input type="checkbox"/> GROW Model              | <input type="checkbox"/> Empathy and Emotional Management |
| <input type="checkbox"/> Questions               | <input type="checkbox"/> Feed-Forward                     |
| <input type="checkbox"/> Effective Communication | <input type="checkbox"/> Remote Mentoring                 |
| <input type="checkbox"/> Trust                   | <input type="checkbox"/> Motivation                       |
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ÁLVARO MOYA  
LIDR Founder